

THE BEAT

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CONCORDIA UNIVERSITY SCHOOL OF NURSING

WHAT IS “THE BEAT”?

Welcome to our first edition! The Beat is our latest way to keep students informed of current events in the School of Nursing. We hope you enjoy this recent addition to the CUAA Nursing community. You are welcome to make suggestions for things you want to see. We would love to include some student stories, so keep an eye out for that!

This Issue:

Dean’s Message

Nursing Excellence

Global Learning

“MURMUR”ings from the Dean



Welcome to the first edition of “The Beat.” We are hoping you will enjoy this newsletter that will keep you up to date on all the

exciting things happening at the CUAA School of Nursing. Every other month we will put out a new edition and we would love to have your news, class updates, prayer requests and praise reports. A box will be placed on the desk in the simulation center where you can put information for the newsletter. Prayer requests and praise report cards will be available next to the box. You can also send this information to Sue Kratko (sue.kratko@cuaa.edu).

The newsletter will be published in December, February, April, and June. Submissions are due by the 15th of each month prior to publication. Your nursing team will regularly collect the prayer requests and

praise reports and will pray over them at our staff meetings.

On September 5th, the Michigan State Board of Nursing approved our request to maintain the current number of nursing students in our program with 40 students to start the nursing curriculum each fall and 40 each spring. The State Board regulates many aspects of all pre-licensure (RN and PN) nursing programs in the state, including enrollment numbers. We were initially approved for 48 students per year. A temporary increase in the number of students is permitted, which allowed us to admit the 33 students in the Beta class last January. However to continue this level of admissions, we were required to get the approval of the board. Our current enrollment in the nursing program is as follows: 40 students in the Alpha class, 32 students in the Beta class, 37 students in the newly admitted class, with 2 students previously in the Beta class to join this class in the spring. We currently have a 100% retention rate with our nursing

program! Congratulations for your hard work and commitment to the nursing program at CUAA!!

I want to publically congratulate Alpha class member and officer, Tea Chandler, as a recipient of a Nurse Corps



scholarship. This is a highly competitive scholarship that seeks to find nurses and nursing students who will work to improve the health of underserved and vulnerable populations. Tea will work in an underserved area in Detroit upon graduation, using his nursing skills to provide care to those in need. He is already exemplifying the mission of CUAA to service Christ in the Church and in the world and the mission of the school of nursing to serve others by promoting health and healing with excellence, integrity and compassion. Congratulations Tea!!

New Faces

Who are these new people at the School of Nursing?



Mihaela Zegrean

Assistant Professor of Nursing

I have been a registered nurse for 13 years. Graduating from the BSN (in 2004) and MSN (in 2007) programs at University of Windsor (Ontario, Canada), I worked on multiple medical-surgical units at acute care hospitals in Windsor. Wanting to challenge myself further, I completed the MSN/Acute care nurse practitioner program at Wayne State University in 2010. I worked as an acute care nurse practitioner on the internal medicine service at Harper Hospital from 2011 to 2016. Concurrently, enrolling in the DNP program at Maryville University, St Louis, Missouri, and graduating in 2015. I continued to work as a nurse practitioner for a private cardiologist, until deciding to enter the academic setting. I took on the privilege of teaching at Concordia University in July 2017 and am excited to apply my nurs-



Ben J. Oliver

Chief Simulation Specialist

My educational, medical background and the beginning of simulation education with the use of mannequins would take me back over 30 years. I have received additional training and I currently have several certification and licenses which enable me to maintain the well-being and overall performance of mannequins of all fidelities.

I'm committed to decreasing the technical barriers while offering hands on simulation with the use of mannequins for increased Simulation educational experiences. This best practice concept gives each and every student the tools to succeed not only during school, but thru the challenges that the highly technical and increasingly high acuity medical environment will give them. One of my goals for the



Kathleen Sheehan

Skills Lab & Clinical Liaison

I joined the Concordia University team in August of this year. I will be working in the skills lab with Kathie Pereira as well as taking on the responsibilities of clinical liaison. The focus of my professional practice has been Medical Surgical nursing, Acute Care Physical Rehabilitation as well as holding a board certification in vascular access. For the last ten years I have had the privilege of mentoring and educating nursing students in the clinical setting, teaching physical assessment, nursing skills and in the simulation setting. I was thrilled to be invited to join Concordia University and be a part of building this program in Ann Arbor. I look forward to the accomplishment of one of my professional goals,



Joe Yaksich

Simulation Specialist

I have had a rather colorful journey in education. I began my healthcare career as an Emergency Medical Technician and progressed from there earning my Paramedic Certification. I branched out into the nursing world shortly after, earning an Associate's Degree from Excelsior College followed by a Baccalaureate Degree, Master Of Science Degree in Adult Acute Care as well as a teaching certificate in Nursing Education from the University Of Michigan. My experience as a paramedic drew me to Emergency Medicine as a registered nurse where I developed a passion for critical care medicine. I found myself working in a Cardio-Thoracic Intensive Care Unit at the end of my RN career. Once I graduated with my Master's Degree, I began practicing as a Nurse Practitioner in a medical observation unit as well as working in the clinical learning center at the University of Michigan School of Nursing where I learned the art of simulation. From there I was hired by Henry Ford College and developed a simulation program from the ground up. The opportunity came to join the team here at Concordia Ann Arbor



Cardinals Going Global

Health issues have no borders and nurses are well-positioned to resolve health concerns around the globe. Global nurses make a significant contribution to promoting wellness, building healthcare capacity, and improving health systems.

Concordia nursing offers global experiences that support the educational mission of our school: "...to provide a rigorous Christ-centered education that develops and inspires highly skilled professionals who are prepared to serve by promoting

health and healing with excellence, integrity, and compassion."

Through its summer 2018 study abroad trips, CUAA Nursing is offering opportunities for students to gain a global health perspective on collaboration, innovation, and sustainable change. There will be opportunities to support maternal and child health, support microenterprise development, visit households toward health education, and glimpse health systems strengthening in Africa and

Central America.

To take part in a Summer 2018 trip, interested Alpha and Beta students must apply and meet eligibility criteria. Applications are due on Sunday, October 22nd.

Alpha and Beta students who wish to take part in a study abroad trip are invited to complete an application on the CUW Study Abroad website through this link: <https://studyabroad.cuw.edu>

Click on "Available Programs" then "Global Ed Courses".



Nurse Excellence

Our Nurse Excellence Program at Concordia seeks to encourage and reward students to model and exemplify our vision of compassion, integrity, service and excellence. Students are encouraged to demonstrate these values by volunteering either on campus or outside of campus in our communities by showing the love of Christ to others. Each semester, students are rewarded for their service to the community by participating in at least 10 hours of activities. Student service activities are things like volunteering at a Red Cross Blood Drive, taking part in mission trips through Concordia and other local churches, shadowing nurses in inpatient and outpatient settings, and volunteering at a clinic in Detroit doing prenatal care and infant care to the underserved population. Students who receive the top honor for all 6 semesters in the school of nursing will receive a special award at graduation. You can find more information about the Nurse Excellence Program on the CUAA nursing student blackboard site or by contacting Betsy Cambridge at betsy.cambridge@cuaa.edu.

Look for opportunities around you to give of yourself, be bold, love others for Jesus Christ.

Student Government

The School of Nursing is in the process of establishing a National Student Nurses' Association chapter here at CUAA. A request has been sent to the campus student senate and is currently awaiting approval at the university level. Upon approval, we will hold an informational meeting for all interested. SNA is a national non-profit organization dedicated to fostering the professional development of nursing students. Benefits of membership include networking with students within and outside of your school, career planning, nursing magazine subscription, leadership development, community outreach, scholarship opportunities, and discounts on a variety of nursing student needs.

Sigma Theta Tau International (Honor Society of Nursing) is a

prestigious nursing organization that has been in existence for 95 years. It supports nurses in their efforts to improve world health.

This is how it can benefit you:

- Provides career assistance
- Free continuing nursing education credits
- Publications with latest research and nursing trends
- Discounts on educational products and liability insurance
- Earn cashback rewards with Sigma Theta Tau International BankAmericard Cash Rewards™ Credit Card
- Opportunity to develop leadership skills by enrolling in a leadership program

Criteria to Enroll as a Registered Nurse Student:

- Baccalaureate students at the junior level must have a cumu-

lative grade point average (GPA) of at least 3.75 and be in the top 10% of the class. Senior level students must have a cumulative GPA of at least 3.0 and be in the top 35% of the class

- Completed 12 credit hours at their current school
- Completed half of the nursing curriculum
- Achieve academic excellence
- Meet the expectation of academic integrity

You must be invited by the Governance Committee of Sigma Theta Tau International in order to apply.

To find out more: <https://application.stti.org/>

Academic Corner

Angie Raasch - angela.raasch@cuaa.edu (734) 995-7414

Pre-Nursing: Meetings for spring class scheduling will start October 2nd. Please sign up for a time to meet.

N1: If you are following the traditional nursing 4-year plan, ENG103 is up for this semester, as well as COM201 or PSY230 if you haven't taken them already. Schedules will be coming out Mid-October/Early-November. 4-year plans will be attached. Please watch for what core classes you need to add for the semester. The courses you need will be listed on your 4-year plan. Please sign up for a meeting if you have

any questions.

Betas: Following the traditional 4-year plan, you are up for either REL100 or REL110 and ECON/POLS. There will be separate nursing sections of REL110 and POLS offered. Your schedules will be coming out early November. Sign-up sheets will be available when schedules come out.

Alphas: If you are following the traditional 4-year plan, this is the semester to complete any core that you have. Sign-up sheets will be available when schedules come out. Please

STUDY TIP

Teach Yourself, your Dog, or the wall if needed.

Learn it as if you have to teach it. Students who learn the information to teach it have been proven to recall more information correctly than students who learn to pass a test. Remember – at any time you may need to teach the information that you are learning now to a patient, so learn it to teach it NOW!

Upcoming Events

October 9, 2017 11am-2pm
FLU VACCINATIONS

Walgreens will be at the North Building on Monday, October 9th from 11am-2pm. Details are on the CUAA Undergrad Nursing Blackboard site and on flyers around the building.

October 19-20
FALL BREAK

No classes on Thursday or Friday.



Located at:

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